

# VANCIL PERFORMING ARTS CENTER, INC.

## Elite In Training

Congratulations! You've been selected as an 'Elite In Training' team member for the 2017-2018 dance season!!! This additional performance team will consist of members chosen from the current competitive teams who are eligible, based on below requirements, for extra routines to be performed at competition (small groups, duet/trio & solos, depending on the size of the team). The goal of this level is to provide dancer the mentoring and assistance she needs to be prepared to audition for Team Elite.

### About the Team:

- (1) 30-minute practice session on a weekly basis
- Rehearsal for Elite In Training is outside of regular lessons at additional monthly charge.
- Dancer is responsible for extra rehearsal fees, outside of weekly class time. Group practice rate per hour \$5.00 per student.
- Dancer is responsible for additional costumes and competition fees
- Dancers are encouraged to fundraise to cover these costs. All fundraising events must be organized by team parents, but must be approved through the studio.
- Dancer must be on Production Team

### Dance & behavior Requirements:

#### 1. TECHNIQUE

- a. Flexibility
- b. Posture
- c. Turnout
- d. Lines (arms, legs)
- e. Feet

#### 2. STAGE PRESENCE

- a. Confidence
- b. Energy
- c. Focus

#### 3. PERFORMANCE CAPABILITY

- a. Facials
- b. Attitude
- c. Ability to connect with other dancers during performance

#### 4. EFFORT

- a. Practices outside of studio & comes prepared for new choreography
- b. **ATTENDANCE:** May not exceed 4 absences. This is a combined total of 30 minute weekly sessions AND competition weekend rehearsals in the spring. **Regular attendance in troupe level classes is also a requirement. The same attendance policy is now in place for all competitive team dancers in their troupe level classes. If you exceed, you are no longer eligible to continue on competitive teams.**
- c. Full out rehearsals

#### d. ATTITUDE

- i. Respectful of Instructor, Assistant, AND other team members
- ii. SUPPORTIVE TEAM MEMBER
- iii. Ability to take constructive criticism in a positive way
- iv. There is a zero-tolerance policy in regard to bullying. Belittling and bullying other team members will result in IMMEDIATE DISQUALIFICATION from the team.
- v. Inappropriate language and/or photos on social media will NOT be tolerated.

#### 5. CHOREOGRAPHY

- a. Memorization
- b. Timing
- c. Grace/flow

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~Return to studio~

- ✓ I understand that being a part of this team is a privilege and an opportunity and will treat it as such. I will act as a good role model for other students and not use my opportunity to make other students feel like any less of a dancer.

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent signature

- ✓ I understand that if all attendance requirements are not met, I will be disqualified from the team.

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent signature

- ✓ I understand that if I cannot abide by all behavior requirements, I will be immediately disqualified from the Team.

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent signature